

## Via Lucis (Stations of the Resurrection)

We all know the Stations of the Cross (Via Crucis). Fewer people know the Stations of the Resurrection (Via Lucis – or Way of Light). As we make the journey from Easter to Pentecost, there are many ‘birthing’ moments when Jesus appears and changes the lives of his followers, including many women. The ‘stations’ vary depending on the source, but the following are frequently included. You may like to read them again as part of your daily prayers during the coming weeks.



- 1 Jesus is raised from the dead – the earthquake. *Matt 28.1-4*
- 2 The angel appears to women at the empty tomb. *Luke 24.1-8 / Mark 16 1-8 / Matt 28.5-7*
- 3 Mary Magdalene meets the risen Christ. *John 20.11-18*
- 4 Jesus appears on the road to Emmaus. *Luke 24. 13-27*
- 5 Jesus is known in the breaking of bread. *Luke 24. 30-32*
- 6 Jesus appears to his disciples in Jerusalem. *John 20.19-23 Luke 24.36-44*
- 7 Jesus shows Thomas his hands and feet. *John 20.24-29*
- 8 Jesus appears by the Sea of Tiberias. *John 21.1-14*
- 9 Jesus forgives Peter and commands him to feed his sheep. *John 21.15-19*
- 10 Jesus commission the disciples on the mountain. *Matt.28.16-20*
- 11 The Ascension of Jesus. *Luke 24.50-53*
- 12 Mary and the disciples wait and pray. *Acts 1.12-14*
- 13 The Holy Spirit descends at Pentecost. *Acts 2.1-41*
- 14 Jesus appears to Saul. *Acts 9.1-6*

Malcolm Guite (Priest-poet) refers to them in his letter in Church Times on 28<sup>th</sup> March. His sonnet on the first station of the resurrection ends:

‘...From this day that tomb becomes a womb  
The earth is shaking with her labour pain.  
Our Life-Light quickens with the coming dawn.  
To help us now the powers of heaven come down.  
Time’s tyrant prison guards have watched in vain  
An angel-midwife rolls away the stone  
And from the tomb the Kingdom is reborn.’

‘Stations of the Resurrection’ by Malcom Guite and  
Guli Francis-Dehquani is available from Church House Publishing.