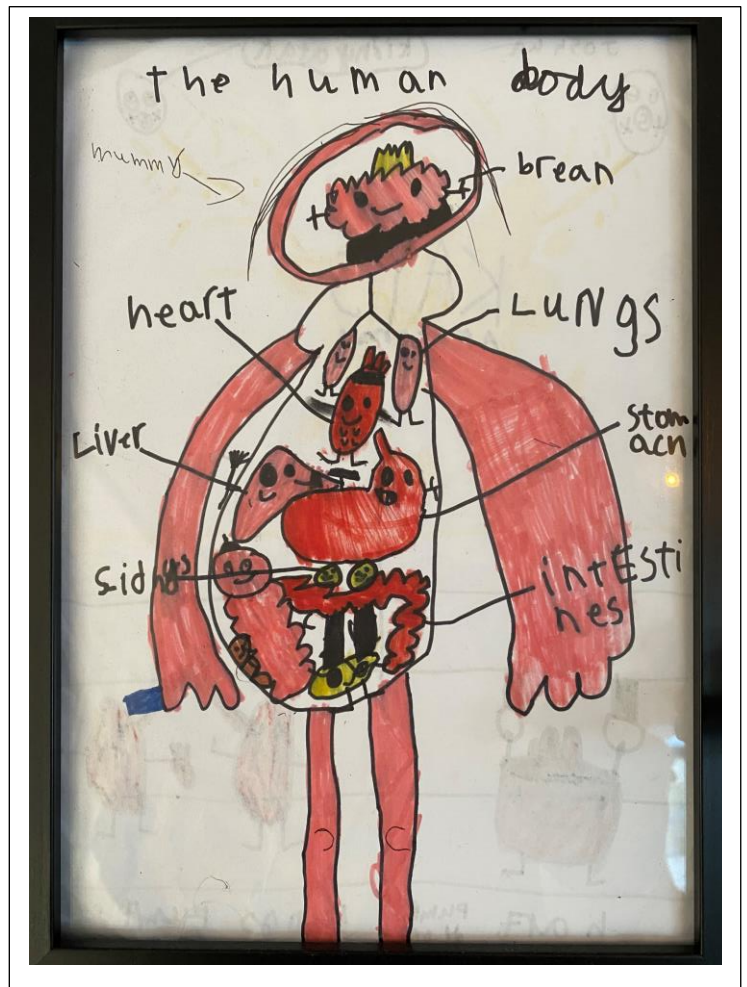


Self-awareness

As a former teacher of Biology I am impressed by this 8-year-old's picture of the human anatomy. He shows great 'self-awareness'.

I like the big functional arms, though the legs need exercise. I love the smiley faces on all the core organs. It's a happy body.

St Paul would have loved the picture. He used the body to illustrate the Body of Christ and the value of teamwork. Each organ has its role and value and without it the rest suffers. (1 Cor 12.12-31)



"God has put the body together, so that there should be no division in the body, but that its parts should have equal concern for each other. If one part suffers, every part suffers with it; if one part is honoured, every part rejoices with it. You are the body of Christ, and each one of you is a part of it." (1 Cor 12 v 24-27)

How self-aware are we? Sometimes we are so self-focussed that we can't see beyond our own brilliance or our own troubles and we fail to notice anyone outside ourselves or to care about them. Sometimes we are so focussed on the brilliance or troubles of others that we fail to recognise our own self-worth and neglect our own care. Hopefully, most of the time we settle for a balance of 'loving our neighbour as ourselves.' That way we can keep ourselves and each other in check – sharing both the pains and the joys, the failures and successes.

Maybe it's a good time to check our **BODY** is in co-operative working order!

Brother, sister, let me serve you, let me as Christ to you.

Pray that I may have the grace to let you be my servant, too.