

RISE UP

If it were between countries, we'd call it a war.
If it were a disease, we'd call it an epidemic.
If it were an oil spill, we'd call it a disaster.
But it is happening to women, and it's just an everyday affair.
It is violence against women.
It is sexual harassment at work and sexual abuse of the young.
It is the beating or the blow that millions of women suffer each and every day.
It is rape at home or on a date.
It is murder.
There's no secret enemy pulling the trigger.
No unseen virus that leads to death.
It is only men.
Not all men, but far too many men.

Michael Kaufman - White Ribbon Campaign 1991

Bible Quotes

"Rise up; this matter is in your hands. We will support you, so take courage and do it." Ezra 10:4

"Arise, shine, for your light has come, and the glory of the LORD rises upon you. Keep Rising Up Again!" Isaiah 60:1

"Do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand." Isaiah 41:10

"But those who trust in the LORD for help will find their strength renewed. They will rise on wings like eagles; they will run and not get weary; they will walk and not grow weak." Isaiah 40:31 (GNT)

Prayers (A prayer for RISE UP)

God of justice, peace and compassion, Heavenly Father, Creator and sustainer of all. We thank you that you gave yourself, your own Son, to give every person the opportunity to turn from darkness to the light of your presence and love.

We know that all those who endure cruelty and abuse are precious in your sight, that no tear falls without your knowledge and love, and we ask that they would know your presence, strength, comfort and wisdom – even in their fear, confusion and pain.

We commit ourselves, those who have experience of abuse, those whose loved ones have experience of abuse and those of us who enjoy safety and peace in our relationships – to RISE UP against domestic abuse in all its forms.

Coffee, Cake & Craft

We pray -

for your compassion as we seek to RESPOND –

for your wisdom as we become better INFORMED –

for your gentleness as we try to SUPPORT –

for your strength as we hope to EMPOWER –

and the mark of your Holy Spirit that UNITES us together to work and PRAY unceasingly,
until situations change and freedom, life and love is restored to all.

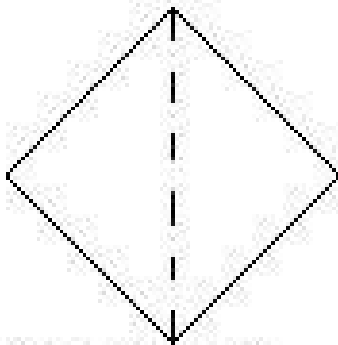
In your dear and powerful name we cry out to you together. **Amen.**

Craft

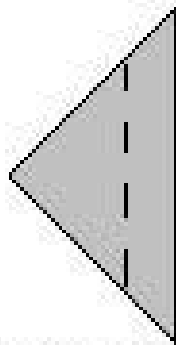
- Pipe Cleaners
- Origami paper

Dove.

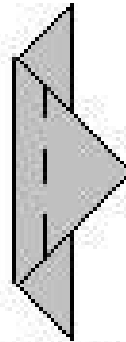
Traditional model, diagrammed by Aaron Walden.



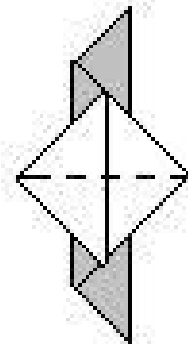
1. Fold in half.



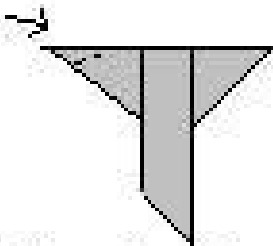
2. Fold over.



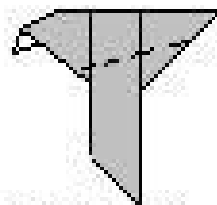
3. Fold front flap to the left.



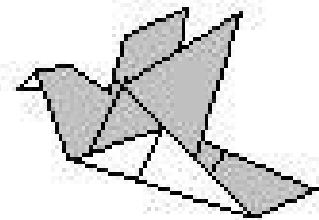
4. Fold in half.



5. Invert point.



6. Fold front up.
Repeat on back



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