

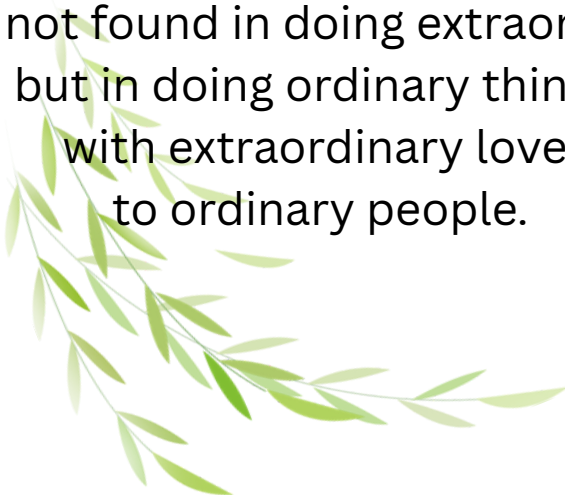


Peace begins with a smile

This meaningful phrase came from Mother Teresa's ministry among the poor. For a moment picture her kneeling beside a sick or dying person with that smile that brought them peace and comfort.

Mother Teresa discerned a call to leave the shelter of the Loreto Order in Ireland and go to India and there discovered her "calling within a calling" (as she described it) to be among the sick and dying people on the streets of Calcutta. This service to Christ, in disguise of the poor, led her to give a living testimony that, "Holiness is not found in doing extraordinary things, but in doing ordinary things with extraordinary love to ordinary people." Just slowly and quietly repeat her words keeping that image of her ministry in your mind and **draw a smile of thanksgiving.**

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but in doing ordinary things
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to ordinary people.





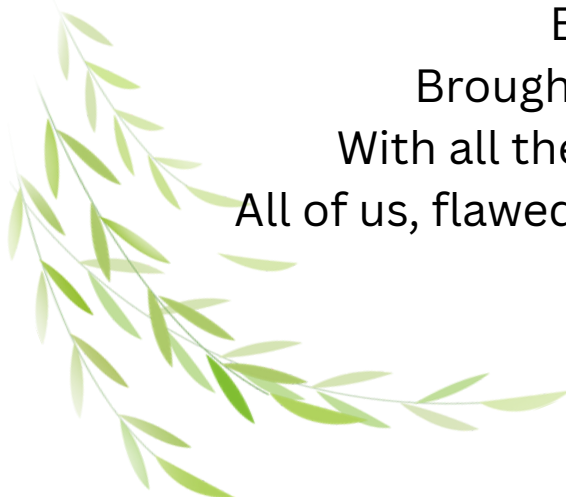
The Experience of Awe usually comes when we experience 'vastness' or human kindness. Both bring: a pause of awareness; bring us to Holy Ground; to God our Creator and to the Incarnate Servant Christ kneeling before us; both expand our hearts and minds; our souls and bodies. This experience of awe, releases hormones in our bodies promoting love and trust.

So let us go gently, more slowly.... to see ...

Draw a smile of thanksgiving for an experience of awe

"I did think. Let's go about this slowly"
We were possibly meant to do things slowly,
Far more carefully and thoughtfully
Than we do, but bless us we didn't.... or couldn't
But here we are
Brought back to earth
With all the other species
All of us, flawed and humbled.

Mary Oliver





We may feel life is just too chaotic, always something to do, being challenged by systems and demands on our time. Jesus lived in a similarly chaotic life of people wanting to escape oppression into The Kingdom that Jesus preached. However, his idea of the Kingdom was not more of the same under a different King or Anointed One it was a Kingdom of a different Order of kindness and human love lifting the neighbour from the gutters...

For those with eyes and hearts to see and feel it,
The slowing down to care and take notice
This new Order was “attractive”

So, it was on a day so many years ago, when the World mourned the death of another “attractor” Princess Diane, Mother Teresa also died but her life lives on, almost seamlessly, in the ministry of the Holy Sisters of Charity and all people inspired by her example. Do we know how to express the power of love. Can we just let go of the chaos and walk a different path for the few generations to come after us...





Many people are praying for peace

So let us in the footsteps of Mother Teresa begin to spread peace not doing anything extraordinary but slowing down to experience the Holy Ground, look around and see where your smile can bring the Kingdom of Jesus to the needs of the world just where you are.

We are part of that Mission, God is not calling us to be successful, **He is calling us to be faithful...** to the way of Jesus..... that awesome expression of loving Kindness...

Peace begins with a smile
and a prayer, “spoken or unspoken “.
As another attractor, Mary Sumner prayed each day...

Draw a smile for the prayer on your heart today

Giving thanks, and inspired anew by the Global Gathering let us commit to praying Mary Sumner’s Prayer daily, putting it into action just where we are, doing ordinary things with extraordinary love.

