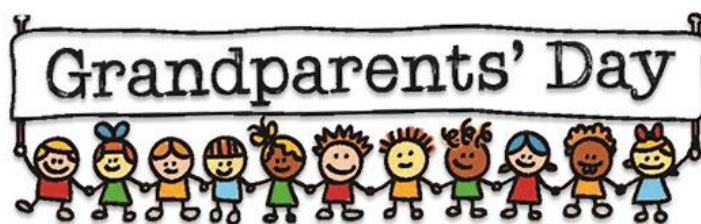


Grandparents Day - Sunday 4th October 2026

Grandparents' Day is celebrated around the world at different times of the year. In the UK, many Anglican churches often celebrate Grandparents' Day on the first Sunday of October since Age Concern (now Age UK) introduced National Grandparents Day in October 2008.



Suggestion: As MU branches, why not ask if you could suggest some intercessory prayers for the main Sunday service in your church? Perhaps also have a token gift of a bookmark or prayer card for each Grandparent present? Or have some cards for children to colour in to give to their grandparents or some else's grandparent?

Mothers' Union resources suggest the following prayers for intercessions.

Heavenly Father, we come before You with hearts full of gratitude for the grandparents among us. We thank You for their unwavering love, their wisdom, and their faith. We ask that You continue to bless them with good health and joy. Surround them with Your peace and comfort.

We lift those who are unable to be with us today, especially those who are ill or in need of Your special care. Lord, bring healing and strength to them.

We pray for families that are separated by distance or circumstance. May Your presence bridge the gap and bring comfort and connection.

We pray for families separated by division and discord. May your presence heal the wounds and restore relationships. Bring reconciliation where there is conflict and unite hearts with Your peace and understanding. Let Your love bridge the divides and foster true harmony.

We pray for those who are grieving the loss of a grandparent, we ask for Your solace and support. May Your peace fill their hearts and remind them of the eternal promise of reunion in Your presence. We pray for the younger generations; may they know the faith of their grandparents as their own.