

Buzzy-ness

The she was – a plump rusty orange solitary bee on the tarmac footpath, slowly crawling in circles – evidently short of ‘buzzy-ness’ and lost.

We picked a clover flower from the grass verge for her to crawl onto. We carried her, still clinging to the flower, to the grassy verge. For about 2-3 minutes we



watched as she ‘buzz-ily’ fed from the flower, then flew off with her energies replenished. One good deed for the day! It takes a lot more than one bee to sustain the planet, but at least we helped one of them to fulfil its potential.

We wondered how many humans it takes to save the planet. Who helps us to revive when we’ve ‘spent’ our energies? Who helps each of to be the person God calls us to be? At Pentecost we are reminded of the power of the Holy Spirit to guide our giftedness into ways which are life-giving to the community, life-giving to the planet, and life-giving to ourselves.

We each have gifts – they just need the right spiritual and educational food to develop and sustain them; and our trust in the Holy Spirit to help us fly and fulfil our potential. We don’t need to do everything. Mother Teresa said: ‘Be faithful in small things because it is in these that your strength lies.’

Mary Sumner recognised that women had gifts which were essential for the wellbeing of any community. In the days when women had no legal rights, she set up her parish groups to encourage women to fulfil their potential as community builders. Mary’s favourite hymn was ‘Take my life and let it be...’ The hymn resonates with her personal prayer – to touch others through the ways in which she spoke, prayed and lived. The verses are worth reading.

Take my life, and let it be
Consecrated, Lord, to Thee;
Take my moments and my days,
Let them flow in ceaseless praise.

Happy buzzy-ness!

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